



St. Nicholas School

Extracurricular program
2024/25

Sports
Languages
Competencies
Arts





Extracurriculars 2024-25

① Sports

- **Sports initiation:** Game's world
- **Indoor football:** All categories
- **Basketball:** All categories
- **Judo**

② Languages

- **English (ESO)**
- **Franglais**
- **Chinese**
- **Deutsche**
- **Catalan as a second language**
- **Spanish as a second language**

③ Competencies

- **Chess**
- **Oratory:** Personal growth and emotional education
- **Robotics**

④ Arts & Craft

- **Music:**
 - Recreational (small music)
 - Instrument (guitar / violin / piano)
- **Dance**
- **Arts & Crafts**
- **Jumping clay**

Schedule:

- **Noon:** 1:00 pm to 2:00 pm / 2:00 pm to 3:00 pm
- **Afternoon:** 5:00 pm to 7:00 pm

1. Sports



Sports initiation

Kindergarten

Game's world (P4-P5)

Work on the sport through games where the main technical elements are introduced, such as driving the ball, passing, boosting the throw and the ability to dodge the ball; basic motor skills work that will later be needed in other sports.

36€/month | 9 months (2h/week). Monday and Wednesday from 5:00 pm to 6:00 pm

Judo

Primary & Secondary

Strengthen and channel energies and self-control.

43€/month | 9 months (2h/week). Tuesday and Thursday from 5:00 pm to 6:00 pm

Indoor football

Basketball

Specific training sessions and school league matches (CEEB).

39€/month | **45€/month** with competition | 9 months (2h/week).
Monday to Thursday from 5:00 pm to 7:00 pm (depending on the teams created).

Categories:

Pre-Benjamin: students born 2016

Infant: students born 2011-2012

Benjamin: students born 2015

Cadet: students born 2009-2010

Alevín: students born 2013-2014

Juvenile: students born 2006-2008



2. Languages

English

Secondary

Extracurricular English classes aim to reinforce and improve the level acquired at school. The little ones will have fun learning English, while the older ones will work to build a solid foundation of the language and encourage spontaneous speaking, preparing the student for their first official qualifications.

58€/month | 9 months (2h/week). Primary: Alternate days depending on the level from 5:00 pm to 7:00 pm.

Français

Kindergarten, Primary & Secondary

Introduction to French with an entertaining and motivating method to introduce the student into a third language.

58€/month | 9 months (2h/week). Alternate days depending on the level from 5:00 pm to 6:00 pm

Chinese

Kindergarten & Primary

Learning Chinese stimulates the logical-mathematical thinking of students. They learn to express themselves and interact in simple, everyday situations. In the class there will be activities related to music, poetry and Chinese calligraphy.

95€/month | 9 months (2h/week). Tuesday and Thursday from 2:00 pm to 3:00 pm

Deutsche

Primary & Secondary

Introduction to German with an entertaining and motivating method to introduce the student into a third language.

58€/month | 9 months (2h/week). Alternate days depending on the level from 5:00 pm to 6:00 pm



2. Languages

Catalan as a second language

Primary & Secondary

Extracurricular classes for children who do not speak catalan as a main language. The classes aim to build a solid foundation of the language and to improve the level acquired at school.

58€/month | 9 months (2h/week). Alternate days depending on the level from 5:00 pm to 6:00 pm

Spanish as a second language

Primary & Secondary

Extracurricular classes for children who do not speak spanish as a main language. The classes aim to build a solid foundation of the language and to improve the level acquired at school.

58€/month | 9 months (2h/week). Alternate days depending on the level from 5:00 pm to 6:00 pm

3. Competencies



Chess

Primary

Learning chess contributes to good school performance, as well as to enhance key cognitive skill areas for the intellectual development of students.

38€/month | 9 months (1h/week). Tuesday from 2:00 pm to 3:00 pm

Oratory

Primary

Public speaking offers techniques, activities and strategies to learn how to speak in public. The activity includes emotional intelligence exercises, voice and posture training body language, communication techniques and gradual exposure to spectators.

40€/month | 9 months (1h/week). Friday from 2:00 pm to 3:00 pm

Robotics

Primary

Activity where the students are proposed a challenge per session that they will have to solve in groups through cooperative work techniques, science and experiments as the axis of work.

58€/month | 9 months (1h/week). Thursday from 2:00 pm to 3:00 pm

4. Arts



Music for tiny people

Kindergarten & Primary 1

Musical activity based on active methodologies. In class, students sing, dance, play instruments, learn musical language and create their own compositions.

43€/month | 9 months (1h/week). Tuesday from 5:00 pm to 6:00 pm

Dance

Kindergarten & Primary

Dance develops children's creativity, and helps to interact with other people, to work on elasticity, organizational skills, harmony and balance, and concentration.

37€/month | 9 months (2h/week). Monday and Wednesday from 5:00 pm to 6:00 pm

Arts & Crafts

Kindergarten

Students will learn from the most traditional techniques to the most innovative, acquiring a taste for aesthetics and developing their creativity.

32€/month | 9 months (1h/week). Thursday from 5:00 pm to 6:00 pm

Jumping clay

Kindergarten

Clay modeling workshop that facilitates the development of artistic, psychomotor and cognitive skills with the work of volume and the three dimensions. Activity in English.

40€/month | 9 months (1h/week). Wednesday from 2:00 pm to 3:00 pm

Group and individual instruments

Primary & Secondary

Learning to play an instrument in a group promotes cooperative learning, in which all the problems that arise in the class are put together and resolved as a group. Classes can be held in a group (minimum 5 students), in a small group (maximum 4 students) and individually. (Each student has to bring their own instrument).

Variable fee according to modality | 9 months. From Monday to Friday from 2:00 pm to 3:00 pm

Group class	60 min	57€/month
Small group class	45 min	57€/month
Individual class	30 min	70€/month

Extracurricular Enrollment 2024-2025

Name	<input type="text"/>	Surnames	<input type="text"/>
Grade	<input type="text"/>	Extracurricular	<input type="text"/>
Contact email	<input type="text"/>		

Reminder:

- All extracurricular classes will start the first week of October and end in June.
- Places will be limited to guarantee the smooth running of the activity and a correct individualized attention.
- A minimum number of students is required to open the activities.

Signed father / mother / guardian / guardian

*Students will not be able to withdraw during the quarter in course. To request withdrawal, it is necessary to communicate it before the 20th of the last month of the current quarter.

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